What we do

The Trust supports and encourages Spiritual Direction and associated ministries which:

- enable people to get in touch with what matters most to them and explore how that can be lived in daily life
- frees people to love and trust themselves
- seeks to integrate body, mind and spirit in holistic spirituality
- facilitates releasing and trusting God's hidden treasure within us
- builds upon our own experience of God

We offer:

- one-to-one spiritual direction
- training days
- spiritual direction consultations
- quiet days & retreats

The Trust supports people whose faith journey is outside the church, as well as those within it.

The Story

The Annunciation Trust was formed in 1993. It primarily provides support for the ministries of Henry Morgan, Sylvia Morgan, Paul Booth, Julian Maddock, Sister Rachel Overton and Colin Brown. We meet regularly, sometimes with others more loosely associated with The Trust, to encourage each other and have conversations in the area of spirituality.

The Trust has an ethos based around the annunciation story in the Bible (Luke 1: 26-38). This tells of a young woman hearing a call from God, which both terrifies and excites her, but sustained by God she accepts it. The story speaks both to our own condition and to the ministry to which we find ourselves called, outside the formal structure of the Christian church: a ministry of helping men and women discern their own calling from God and to follow it.

Resources

The Trust sponsors the 'Approaches to Prayer' website, based on the book of the same title, edited by Henry Morgan, and also promotes 'The God You Already Know', edited by Henry Morgan and Roy Gregory.
Useful, downloadable Prayer Cards, many of which were originally used in 'Soul Space' at the annual Greenbelt Festival, are also available.
Details of these, and other useful links can be found on the Trust's website (address below).

Financial Support

If you are interested in supporting the Trust financially then please email our Treasurer at: treasurer@annunciationtrust.org.uk

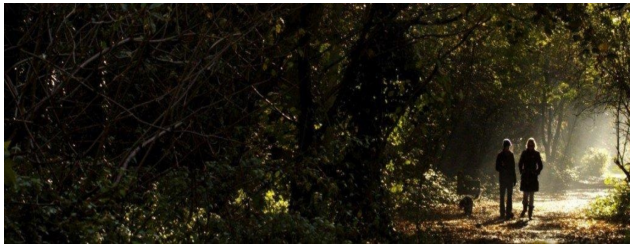
When meeting with individuals we ask for a donation to the Trust, which may be Gift Aided, rather than having a fixed fee.

Rates for work with groups are negotiable.

Our Trustees meet each year to administer the Trust's finances and to offer support to us.

Our Patrons are:

The Rt Revd Michael Whinney
The Rt Revd Edward Holland
The Rt Revd Jack Nicholls



Our Website address is:

www.annunciationtrust.org.uk

Our Registered Charity Number is: 1017702

May 2016

Annunciation Trust

Supporting the work of Spiritual Direction and the development of individual spirituality

Who we are

What we do

I am the Lord's servant

Luke 1: 38

Who we are

Henry Morgan

I believe passionately that most men and women already know most of what they need to know about God, but that that knowledge lies buried, unrecognised and unaffirmed within them. If we can bring it to the surface, and learn to trust it, then it will lead us on an exciting spiritual journey, in which God will meet us in everyday people and things. My ministry now is one of offering spiritual direction to individuals, and of working with groups in the area of spirituality and spiritual direction.

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Pershore, Worcestershire WR10 3DA
T: 01386 751546
E: henry.morgan10@btinternet.com

Julian Maddock

I believe that God loves and desires the whole of who we are. I think any authentic spirituality should include the whole range of human experience: body and soul. I am drawn to a spiritual practice that trusts that "the body itself can be a hermitage when I have embraced it as quite simply the place where I know I shall meet God." It is from this experience that I offer spiritual direction to individuals and groups, and facilitation & training for spiritual directors.

18 Ekarro House, 49a Guildford Road,
London SW8 2DT
T: 07951 759 953
W: www.thisbody.info

Sister Rachel Overton

Part of being human is that innate but almost indefinable sense of experiencing something which is both other and beyond ourselves. Increasing our awareness of how we relate to ourselves, to other people and to the world around us, and to that sense of the Divine - whatever name we may give it - we can take our place within creation and live abundantly. Walking alongside others on this path of discovery is both a joy and privilege. I offer one to one spiritual direction and am available to lead retreats, quiet days and to facilitate group work exploring spirituality and other issues. I also have an interest in working with those who suffer chronic pain. I am a solitary religious, living under life vows.

31 Kirkwood Close, Peterborough PE36BL
T: 01733 569748
E: sister.rco@icloud.com
W: www.anchorhold.co.uk

Colin Brown

From a young age I have loved art, and enjoyed a successful career in the commercial art world. I am also a Church Army minister, (Church Army is an Anglican mission order that seeks to help those outside the church on their spiritual journey).
I have a deep appreciation of contemplative prayer, the art of listening and being listened to, and how the creative arts can aid our spiritual formation. I also paint my own sense of the Divine in the world around me.
My work has two main elements: painting and 'holy listening': creating safe places where other artists can express the Sacred in their own lives. I exhibit in galleries, cathedrals, churches, and other community venues; also run workshops, lead seminars and discussions about art and spirituality.

T: 07964 736 635
E: colinbrownca@me.com
W: www.colinbrownartist.com

Paul Booth

I love to encourage others to 'lift the stones' of their experiences to see what spiritual life might be teeming there! I offer one-to-one spiritual direction, work consultancy with clergy, exploring spirituality with groups, and facilitation and training for spiritual directors. I write poetry, and have a fledgling blog called 'Versuality'. I also love cooking, and all things foodie, and I like to fly kites – both literally and figuratively!

11 Derwent Avenue, Wilsden, Bradford, BD15 OLY
T: 01535 958939
E: trustministries@hotmail.co.uk
W: www.versuality.wordpress.com

Sylvia Morgan

I offer spiritual direction as part of my ministry of prayer and "being available to people". I have been a Franciscan Tertiary for over 20 years, and am interested in all that can heal, deepen and enrich our relationships with God and each other. So I am concerned to express an holistic spirituality and one that honours the feminine face of God. I believe many women entering the crone/elderwoman stage of life have a wealth of experience and wisdom which is largely untapped or valued.

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