

# **Stones and Spirituality**

**Stones and spirituality have gone together for thousands of years. They have been used for memorials of events and people, for building altars, for decoration, as landmarks, to mark out paths, etc.**

**Stones are rich as metaphors. The stones, slate and materials are here for your use to build or make patterns or paths in what ever way you wish. Please feel free to be creative either by adding to something already here or by making something new.**

**You are welcome to place a stone as a prayer or just leave one at the foot of a cross.**



**Just holding a stone can help meditate and to focus on God. You can see its colours, feel its shape and texture, or think how it was made**





**An ancient labyrinth  
in stone**



**A path - made  
on the  
discarded slate  
from a quarry**



**A cairn - a  
landmark for  
travellers or a  
memorial**

## **Some Bible References**

**Then mount the stones in gold filigree settings and fasten them on the shoulder pieces of the ephod as memorial stones for the sons of Israel. (Exodus 28:11-12)**

**Build there an altar to the LORD your God, an altar of stones. Do not use any iron tool upon them. (Deuteronomy 27:5)**

**In the future, when your children ask you, `What do these stones mean?' ... These stones are to be a memorial to the people of Israel forever." (Joshua 4: 6-7)**

**'I tell you that out of these stones God can raise up children for Abraham. (Matthew 3:9)**

**...you also, like living stones, are being built into a spiritual house to be a holy priesthood. (1 Peter 2:5)**

**"The stone the builders rejected has become the capstone; the Lord has done this, and it is marvellous in our eyes'? (Matt 21:42)**

**The devil said to him, "If you are the Son of God, tell this stone to become bread." (Luke 4:3)**

**"If any one of you is without sin, let him be the first to throw a stone at her." (John 8:7)**

**"The stone the builders rejected has become the capstone"  
(1 Pet 2:6-7)**

**I will also give him a white stone with a new name written on it, known only to him who receives it. (Rev 2:17)**