

## The Story

The Trust was formed in 1993. The Trust primarily provides support for the ministries of Henry Morgan, Sylvia Morgan, Paul Booth, Julian Maddock, Roy Gregory and Sister Rachel Overton. A larger group of people meet regularly to encourage each other and have conversations in the area of Spirituality. The Trust sponsors the 'Approaches to Prayer' website, which can be accessed from the Trust's website.

Useful, downloadable Prayer Cards, many of which were originally used in 'Soul Space' at the annual Greenbelt Festival, are also available from our website.

*The Trust also supports the work which helps those whose faith journey is outside the church.*

The Trust has an ethos based around the annunciation story in the Bible (Luke 1: 26-38). This tells of a young women hearing a call from God, which both terrifies and excites her, but sustained by God she accepts it.

The story speaks both to our own condition and to the ministry to which we find ourselves called, outside the formal structure of the Christian church: a ministry of helping men and women discern their own calling from God and to follow it.



## About us

If you are interested to know more about the work of the Trust or its ministry, email Henry Morgan at:  
[h.morgan@annunciationtrust.org.uk](mailto:h.morgan@annunciationtrust.org.uk)

## Support

If you are interested in supporting the Trust financially then email our Treasurer at:  
[treasurer@annunciationtrust.org.uk](mailto:treasurer@annunciationtrust.org.uk)

## Website

If you are interested in the website, or have suggestions to make to improve it, email Roy Gregory at:  
[R.D.Gregory@annunciationtrust.org.uk](mailto:R.D.Gregory@annunciationtrust.org.uk)

## Donations

When meeting with people we ask for individual donations to the Trust rather than having a fixed fee. Sylvia charges for massage. Rates for work with groups are negotiable around a daily or hourly rate suggested by the Trust.

The **Trustees** meet each year to administer the Trust's finances and to offer support to us.

Our **Patrons** are:

The Rt Revd Michael Whinney  
The Rt Revd Edward Holland  
The Rt Revd Jack Nicholls

## Our Website address is:

[www.annunciationtrust.org.uk](http://www.annunciationtrust.org.uk)

Our Registered Charity Number is 1017702

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# Annunciation Trust

Supporting the work of Spiritual Direction  
and the development of individual  
spirituality



## What we do Who we are

I am the Lord's servant  
Luke 1: 38

## The Purpose

The Trust supports and encourages Spiritual Direction and associated ministries which:

- enable people to get in touch with what matters most to them and explore how that can be lived in daily life
- frees people to love and trust themselves
- seeks to integrate body, mind and spirit in holistic spirituality
- facilitates releasing and trusting God's hidden treasure within us
- builds upon our own experience of God

We offer:

- one-to-one spiritual direction
- training days
- spiritual direction consultations
- holistic massage
- quiet days & retreats

## The People

### Henry Morgan

I believe passionately that most men and women already know most of what they need to know about God, but that that knowledge lies buried, unrecognized and unaffirmed within them. If we can bring it to the surface, and learn to trust it, then it will lead us on an exciting spiritual journey, in which God will meet us in everyday people and things. My ministry now is one of offering spiritual direction to individuals, and of working with groups in the area of spirituality and spiritual direction.

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Email: [henry.morgan10@btinternet.com](mailto:henry.morgan10@btinternet.com)

### Julian Maddock

I believe that God loves and desires the whole of who we are. Thus, I think any authentic spirituality should include the whole range of human experience: body and soul. I feel called to pray and I am drawn to a spiritual practice that trusts the wisdom of the body. It is in this context that I offer spiritual direction to individuals and groups, and facilitation & training for spiritual directors. I also design websites.

18 Ekarro House, 49a Guildford Road, London SW8 2DT tel: 07951 759 953

web: [www.julianmaddock.info](http://www.julianmaddock.info)

### Paul Booth

I love to encourage others to 'lift the stones' of their experiences to see what spiritual life might be teeming there! I offer one-to-one spiritual direction, work consultancy with clergy, exploring spirituality with groups, creative writing quiet days and training in spirituality and discipleship, including facilitation and training for spiritual directors.

11 Derwent Avenue, Wilsden, Bradford, West Yorkshire BD15 OLY Tel: 01535 958939  
email: [trustministries@hotmail.co.uk](mailto:trustministries@hotmail.co.uk)

### Sylvia Morgan

I am qualified in holistic massage therapy and offer spiritual direction and/or massage as part of my ministry of prayer and "being available to people". I am interested in all that can heal, deepen and enrich our relationships with God and each other. So I am concerned to express an holistic spirituality and one that honours the feminine face of God.

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email: [sylvia.rm@btinternet.com](mailto:sylvia.rm@btinternet.com)

### Roy Gregory

I am involved in pastoral work in my local church in addition to running workshops in the fields of education, spirituality and personal development. I also work as a spiritual director locally. I am always interested to talk to anyone about their faith journey and the way they have found God.

29 Beechwood Avenue, St Albans, Herts AL1 4XR Tel: 01727 759 522  
Email: [rdgregory@hotmail.com](mailto:rdgregory@hotmail.com)

### Sister Rachel Overton

Part of being human is that innate but almost indefinable sense of experiencing something which is both other and beyond ourselves. Increasing our awareness of how we relate to ourselves, to other people and to the world around us, and to that sense of the Divine - whatever name we may give it - we can take our place within creation and live abundantly. Walking alongside others on this path of discovery is both a joy and privilege. I offer one to one spiritual direction and am available to lead retreats, quiet days and to facilitate group work exploring spirituality and other issues. I also have an interest in working with those who suffer chronic pain. I am a solitary religious, living under life vows.

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